

Core Values Worksheet

Circle the Top 20 values that resonate the most with you from this list:

Abundance	Authenticity	Harmony	Happiness
Achievement	Balance	Well-Being	Acceptance
Commitment	Success	Humor	Contentment
Love	Order	Dependability	Competence
Quality	Courage	Kindness	Effectiveness
Creativity	Knowledge	Diversity	Empathy
Loyalty	Fun	Honesty	Openness
Innovation	Fairness	Passion	Fitness
Perseverance	Gratitude	Respect	Famly
Faith	Simplicity	Freedom	Responsibility
Winning	Friendship	Security	Generosity
Serenity	Dedication	Competition	Peace
Service	Wisdom	Independence	Spirituality
Discipline	Joy	Cooperation	Patience
Equality	Stability	Teamwork	Excellence

From your Top 20, list your Top 10 values here:

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

From your Top 10, list your Top 5 Core Values here:

<p>1</p> <p>4</p>	<p>2</p> <p>5</p>	<p>3</p> <p>On the back of this worksheet write out a personal definition for each of your Top 5 Core Values.</p>
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